



***Parkia roxburghii*: A Multi-purpose Tree Species of North Eastern Himalaya**

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Tree bean, *Parkia roxburghii* (Mimosaceae), is an underutilized nutritious leguminous plant found in North-Eastern India and South-East Asian countries. Ethno-botanically, this tree species is highly important. Right from flowers and tender pods to the mature seeds of this plant is edible and it is a good source of nutrients. It is a multipurpose tree species having variety of uses. Besides this, it could be an excellent crop in *Jhum* land for their rejuvenation.

Introduction

Tree bean, *Parkia roxburghii* (Mimosaceae), a lessar known nutritious leguminous plant is grown luxuriantly in North-Eastern India and South-East Asian countries. It is a large tree upto 25 meter in height and having spreading branches. (<http://www.icfre.org/UserFiles/File/rfri/rpap4.htm>). It is distributed in India, Bangladesh, Burma (Myanmar), Thailand and the Malesian region. Trees are generally found in lowland rain forest and often along streams. Flowering in tree bean take place during October to December and fruits are found during December to October. In states like Manipur, it is considered as the most costly vegetable. Both flowers and pods are eaten as vegetable. (<http://www.icfre.org/UserFiles/File/rfri/rpap4.htm>). Cultivation of this plant is comparatively easier and it does not compete for the available land with other crops. Furthermore, being a leguminous plant, it enriches exhausted land; therefore, it could be excellent crop in *Jhum* land for their rejuvenation (Firake *et al.*, 2013).

Vernacular names of tree bean in India

Tree beans are commonly known by variety of names in different languages across the country *viz.*, Supota, Kharial (Hindi); Manipur-urohi, Khorial (Assamese); Manipuri seem (Bengali); Zongto (Mizo); Yongchak (Manipuri); Aoelgap (Garo); Bire-phang (Kachari); Themuk-arang (Mikir); Unkamm-pinching (Naga); Shivalingada mara (Kannada) and Unkampinching (Marathi) (<http://www.flowersofindia.net/catalog/slides/Tree%20Bean.html>).

Different uses of tree bean

Ethno-botanically, this tree species is highly important (Seal, 2011). Right from flowers and tender pods to the mature seeds of this plant are edible and it is a good source of ascorbic acid (26.0mg/100g), fat (20.28%), proteins (32.82%), minerals (4.45%), Na (51.0), Mg (34.7) and

P (160 mg/100g), Ca (97.47), K (2400), Cu (2.3) and Zn (2.77 mg/100g), Fe (57.1 mg/100g) and Mn (35.0 mg/100g) at par with other legumes (Singh et al., 2009). Tree bean is a multipurpose tree species having variety of uses (Table 1).

Table 1. Different uses and activities of *Z. Armatum*

Uses/ Activities	Against/For	Plant part used	References
Medicinal	Diabetes	Bark	Pramila Devi, 2011
	Bleeding piles	Pods	Thingtam, http://findmeacure.com/2011/01/16/tree-bean/ http://www.icfre.org/UserFiles/File/rfri/rpap4.htm http://www.flowersofindia.net/catalog/slides/Tree%20Bean.html
	Diarrhoea	Bark extract	
	Dysentry	Bark extract	
	Scars	Bark and leaves	
	skin infections	Bark and leaves	
	Ulcer	Bark and leaves	
	Abdominal colic	Seeds	
	Plaster in Eczema	Bark paste	
Stomach disorder	Seeds	Siswoyo et al., 1993	
Insecticide	<i>Aphis craccivora</i>	Oil	Salam et al., 1995
	<i>Podagrica</i> spp. on okra	Seeds	Oparaeke et al., 2009
Piscicide	<i>Clarias gariepinus</i>	Pods	Abalaka and Ahuta, 2010
	<i>Escherichia coli</i> , <i>Vibrio cholerae</i> , <i>Staphylococcus aureus</i> and <i>Bacillus cereus</i> .	Leaves	Juhud et al., 2001
Alleopathy	Striga in Maize	Root exudates	Magani et al., 2009
Human food		Leaves, pods	Longvah and Deosthale, 1998
Tanning	dyeing nets	Bark	http://www.icfre.org/UserFiles/File/rfri/rpap4.htm
Washing head and face	Aesthetic	Pods pounded in water	
Firewood	Cooking	Timber	

Conclusion

Cultivation of this plant will not compete for the available land with other legumes and if properly exploited it would serve as a supplementary source of vegetable proteins. The maintenance is not required because being a legume it will also enrich soil through nitrogen fixation. Therefore, more attention and priority should be given on cultivation of tree-bean in larger area, especially in the area or regions where practice of *jhum* cultivation is higher.

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